

## Explore | McLarens Platinum Circle Winner



GET TO KNOW

### LAVÍNIA CABRÉ

MCLARENS AVIATION  
EXECUTIVE ASSISTANT



Based in  
London, UK



nearly 20 years of  
Executive/Personal  
Assistant experience



McLarens Platinum  
Circle program winner



Advance Expert in  
Administration and  
Finances and also in  
Sales Management  
and Marketing.



### What has been one of the most interesting or rewarding experiences you have had at McLarens?

Attending the annual Aviation Insurance Training course was definitely a very rewarding experience, not only did I learn about what the teams at McLarens Aviation do, but in particular, how aircraft work. I had the opportunity to visit the Air Accidents Investigation Branch, they investigate civil aircraft accidents and serious incidents within the UK. I also went to a major airline maintenance facility and saw the aircraft up close and in detail.

It is an extreme honor to have been selected as a winner as part of the first McLarens Platinum Circle Award. I believe the trip to Dubai will be most interesting and I am looking forward to meeting colleagues from other McLarens teams.

### What do you like to do outside of work? Do you have a personal passion?

Motorbikes are a passion of mine and you will often see me riding my Triumph Tiger 800, even to work, but I have been lucky enough to be able to combine this with one of my other passions, travelling. I have had the privilege to travel on a motorcycle as far as Cappadocia in Turkey and far north as Nordkapp in Norway, enabling me to visit most of Europe in the process.

On a daily basis you will find me practicing DDPY (DDP Yoga). I started doing this cardio workout program as I needed to improve my health and have experienced great results. Therefore, I decided to become an instructor and earlier this year I achieved my certification, becoming the first Spanish DDPY instructor! Currently, I am the only female instructor teaching in the UK. I even offer free classes to McLarens Aviation Heathrow-based staff on a weekly basis.

### What advice would you give someone starting out in this field or considering it as a career option?

Working at a loss adjusting firm doesn't necessarily mean you have to be a loss adjuster. I would recommend considering all the varied career opportunities a firm, such as McLarens, has to offer. In particular, to a person who is just starting, I would recommend listening to and learning from people fulfilling a number of roles to get the full picture, not just managers. Within the group there is a wealth of knowledge to be shared from experienced staff in all departments.

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